

#### **ORIGINAL ARTICLE**

# Influence of eCG and reproductive management in the resynchronization of ovulation in dairy goats

Isabel Oliveira Cosentino<sup>1\*</sup> <sup>(6)</sup>, Mário Felipe Alvares Balaro<sup>1</sup> <sup>(6)</sup>, Polyanne Martins da Silva<sup>2</sup> <sup>(6)</sup>, Augusto Ryonosuke Taira<sup>1</sup> <sup>(6)</sup>, Juliana Dantas Rodrigues Santos<sup>1</sup> <sup>(6)</sup>, Ana Clara Sarzedas Ribeiro<sup>1</sup> <sup>(6)</sup>, Bruna Ramalho Rigaud de Figueiredo<sup>1</sup> <sup>(6)</sup>, Marta Maria Campos Pereira da Costa<sup>1</sup> <sup>(6)</sup>, Bruno Ribeiro Vieira<sup>1</sup> <sup>(6)</sup>, Felipe Zandonadi Brandão<sup>1\*</sup> <sup>(6)</sup>

<sup>1</sup>Faculdade de Veterinária, Universidade Federal Fluminense, Niterói, RJ, Brasil <sup>2</sup>Capril Vale das Amalthéias, Sapucaia, RJ, Brasil

**How to cite:** Cosentino IO, Balaro MFA, Silva PM, Taira AR, Santos JDR, Ribeiro ACS, Figueiredo BRR, Costa MMCP, Vieira BR, Brandão FZ. Influence of eCG and reproductive management in the resynchronization of ovulation in dairy goats. Anim Reprod. 2022;19(3):e20210112. https://doi.org/10.1590/1984-3143-AR2021-0112

### Abstract

Resynchronization protocols have been proposed as a way of shortening females' unproductive time in the flock, with good results in cattle and sheep. In goats, initial studies have shown that a second progestogen device inserted before luteolysis and pregnancy diagnosis does not interfere with the corpus luteum lifespan or functionality. This study aimed to evaluate the follicular growth, ovulation pattern and pregnancy rate after insertion of a second and new progestogen device for resynchronizing, with or without equine Chorionic Gonadotrophin (eCG), submitted to natural mating (NM) or artificial insemination (AI) to propose a viable resynchronization protocol for dairy goats. A total of 38 multiparous Saanen goats underwent a short-term progesterone protocol [six days exposed to medroxyprogesterone acetate (MAP) intravaginal sponges + 200 IU eCG and 0.12 mg of cloprostenol sodium on the 5<sup>th</sup> day + 0.025 mg of lecirelin 34 hours after sponge withdrawal] and, on day 16th after the ovulation, received a new MAP device which was retained until day 21. At this moment females were split into four groups: G<sub>eCG+NM</sub> – 100 IU eCG with NM; G<sub>sal+NM</sub> - saline solution with NM; G<sub>eCG+AI</sub> - 100 IU eCG with AI; and G<sub>sal+AI</sub> - saline solution with Al. Ultrasound scans were performed every 12 h from sponge withdrawal (day 21) until 108 h after sponge withdrawal (day 25) for follicular dynamics evaluation, at 240 h (day 31) for assessing the presence of active corpus luteum, and on day 60 for pregnancy diagnosis. No differences were found regarding ovulation time, synchronization and follicle size. However, G<sub>eCG+NM</sub> presented a greater estrus manifestation rate (100%) and pregnancy rate (62.5%) when compared to G<sub>Sal+AI</sub>. In conclusion, resynchronization protocols in dairy goats may present satisfactory results.

Keywords: follicle dynamics, ultrasound, artificial insemination, natural mating.

## Introduction

Seasonality is recognized as an important factor that interfere in goats' reproduction. Adult Saanen goats living in tropical condition present accentuated anestrus during spring; however, during early summer, social interactions with males or cycling females may induce, in different degrees, the return to cyclicity (Balaro et al., 2019). During this transition season, the use of hormonal protocols leads to better results in reproductive rates, since cyclicity is homogenized (Alvarado-Espino et al., 2016; Véliz-Deras et al., 2020).

Resynchronization protocols have been studied and proposed as a way of reducing females' unproductive time in the flock. In cattle, it has successfully been used in different protocols

Received: October 26, 2021. Accepted: August 31, 2022.

Conflicts of interest: The authors have no conflict of interest to declare.



Copyright © The Author(s). This is an Open Access article distributed under the terms of the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

<sup>\*</sup>Corresponding author: isabelcosentino@id.uff.br, fzbrandao@id.uff.br

Financial support: IOC has recieved funding for this research by Coordenação de Aperfeiçoamento de Pessoal de Nível Superior - Brasil (CAPES) - Finance Code 001.

(Bartolome et al., 2005; Bó et al., 2016; Sani et al., 2011), including the ones that use Fixed Time Artificial Insemination (FTAI) at intervals that come closer to their natural estrous cycle (Palhão et al., 2020; Pugliesi et al., 2019). In small ruminants such protocols are still being studied for ewes under management with natural mating (NM) (Miranda et al., 2018) or FTAI, using different doses of eCG: saline, 200IU, or 300IU (Cosentino et al., 2019), with promising results in nulliparous and pluriparous ewes, but with limited results for *post-partum* females (Cosentino et al., 2021). In goat, preliminary findings have shown that a second P4 device inserted before luteolysis and pregnancy diagnosis does not interfere with *corpus luteum* (CL) lifespan or P4 production (Cosentino et al., 2020b), as it was defined for ewes (Cosentino et al., 2019; Miranda et al., 2018).

eCG is a gonadotrophin often used in synchronization and induction of ovulation protocols. It acts in the ovary promoting the expression of angiogenic factors, and, as a consequence, causing neovascularization of follicles, thus increasing the ovarian response to LH (Honnens et al., 2009; Mattioli et al., 2001) and enhancing synchronization results. However, the successive use of eCG in goats leads to antibodies production and the decrease of efficiency of the protocol (Chemineau et al., 1999; Roy et al., 1999). Therefore, we hypothesized that, in goats, the second protocol that does not use eCG may lead to the resynchronization of ovulation without losing the efficiency. That is, the dose used in the first synchronization would be enough for both protocols.

In ewes, the resynchronization protocol has been used with two reproductive managements – NM and FTAI – with successful results (Cosentino et al., 2021, 2019; Miranda et al., 2018). However, the presence of the male is known to influence the moment of ovulation. Also, Muñoz et al. (2019) showed that the presence of the sexually active male was enough to induce a second ovulation after an induced luteolysis in estrous induced does. During transition season, Véliz-Deras et al. (2020) demonstrated that NM presented higher pregnancy rates (42% x 20%) than Artificial Insemination (AI) even when it was performed with fresh semen. That being so, the presence of an active male during the second synchronization may improve synchronization results, especially for females that did not undergo eCG treatment.

This study aimed to evaluate the follicular growth and ovulation pattern after the second progestogen device in resynchronized does, with or without eCG, submitted to NM or AI to propose a viable resynchronization of ovulation protocol for dairy goats.

## Methods

Procedures performed in this study were approved by the Ethical Committee for Animal Use of Universidade Federal Fluminense (protocol 1021) and carried out under the ethical principles of Sociedade Brasileira de Experimentação Animal. Also, the study followed the guidelines of Animal Research: Reporting of in vivo experiments (Kilkenny et al., 2010).

### **Experiment location and animals**

This study was carried out in a dairy goat farm located in Rio de Janeiro state, Brazil (22°07'50.2"S, 42°47'47.1"W) during the transition season (Dez/2020 – Feb/2021), under a tropical hot-humid type (Aw) local climate (Köeppen, 1948). A total of 38 multiparous Saanen goats were used [3.3±1.4 years-old; body condition score: 3.2±0.2 (scale 1-5; (Suiter, 1994))]. All does were previously submitted to a gynecological exam and only females without reproductive abnormalities detected by ultrasound (US) or clinical exam were studied. Throughout the study, animals were kept confined in collective pens and were fed twice a day with corn silage and concentrate, all provided according to their maintenance requirements (16% crude protein). Water and mineral salt for goats (Caprinofós, Tortuga, São Paulo, Brazil) were provided *ad libitum*.

### Estrus synchronization and resynchronization

Females had their estrus initially synchronized as described by Cosentino et al. (2020b): using intravaginal sponges containing 60mg of medroxyprogesterone acetate (MAP: Progespon; Schering Plough, SP, Brazil) for six days. One day before sponge withdrawal, 200 IU of equine chorionic gonadotropin (eCG, Folligon, MSD, São Paulo, Brazil) and 0.12 mg of cloprostenol sodium (Estron, Agner União, São Paulo, Brazil) were administered intramuscularly (i.m.). Thirty-four hours after sponge withdrawal, females also received 0.025 mg of lecirelin (GnRH: Gestran Plus, Tecnopec, São Paulo, Brazil) i.m. (Figure 1).

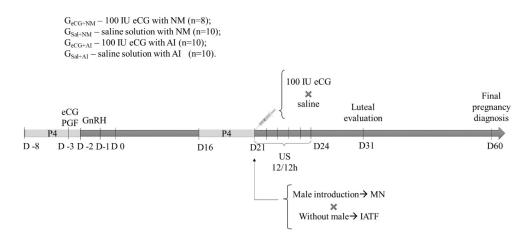


Figure 1. Experimental proceedings timeline.

For the resynchronization protocol, a second sponge was used from day 16 to day 21 (Cosentino et al., 2020b). At sponge withdrawal, half of the does received 100IU of eCG i.m., while the other half received 0.5mL of saline solution i.m. At this moment, estrous signs evaluation begun, being performed every 12h for five days in all does, or until the ovulation was detected by ultrasound (US). Females were considered in heat when accepting mating (which was not allowed in the Al group), and not running from the teaser male. After sponge removal, half of the does were kept constantly with fertile male bucks (previously assessed by andrological examination) for NM, while the others were kept apart in pens distant (100m) from the male presence for Al. Four groups were formed: GeCG+NM -100 IU eCG with NM (n=8);  $G_{Sal+NM}$  – saline solution with NM (n=10);  $G_{eCG+Al}$  – 100 IU eCG with AI (n=10); and  $G_{sal+Al}$  – saline solution with Al (n=10). Does were randomly divided into groups, so that ages would be equally distributed among the groups. Bucks kept with GeCG+NM and GSAH-NM had their chest painted in a different color each day, as a way to identify females that accepted mating. Females from G<sub>eCG+AI</sub> and G<sub>sal+Al</sub> groups were artificially inseminated with commercially frozen semen in accordance with the follicular growth (above 8 mm for animals that did not present estrous signs) and estrous signs beginning (Maia et al., 2017). Females that presented estrous behavior 36 h, 48 h and 60 h after the sponge removal had AI performed at 24 h, 18 h and 10 h after the beginning of the signs, respectively. Al was performed once per female, transcervical (Fonseca et al., 2017), using 0.25 mL commercial straws (concentration of approximately 300 x 10<sup>6</sup> sperm/mL) from three different bucks, by the same technician. Two fertile bucks were kept with the females from groups G<sub>eCG+NM</sub> and G<sub>sal+NM</sub> (8:1 female:male), from sponge withdrawal until two days after the end of US examinations.

## Ultrasound evaluation and pregnancy diagnosis

US scans were performed using a portable device (Mindray Z5, China) with a 7.5MHz linear rectal transducer, adapted for transrectal use in small ruminants, with does in a standing position. Ovarian US was conducted every 12h from sponge withdrawal (Day 21) until 108h after sponge withdrawal (Day 25) to evaluate follicular dynamics. Follicles were classified in small-sized (<3.0mm), medium-sized (3-6mm) and large-sized (>6.0mm), and were considered ovulated when the large-sized dominant follicle disappeared (Cosentino et al., 2020a; Castro et al., 1999; Ginther and Kot, 1994; Gonzalez de Bulnes et al., 1999). Another US scan was conducted at 240h (day 31) to assess ovulation by the presence of an active CL. The last US scan was performed transrectally on day 60 for pregnancy diagnosis to evaluate embryo vesicle and heartbeats.

## **Statistical analysis**

To perform the analysis, SAEG (UFV, 2007) was used. Lilliefors test was used to verify the normality of the variables, and Bartlett test to verify whether the data will be obtained from populations with equal variances. The F variance test was used to examine differences in variability between experimental groups. Parametric data were analyzed by unilateral analysis of variance and Fisher's least significant difference test (LSD) to compare individual mean values. Nonparametric data were analyzed using both Kruskal-Wallis test and Dunn test. For all tests, a P<0.05 value was considered statistically significant.

#### Results

Reproductive outcomes are shown in Tables 1, 2 and 3. Estrus duration and the interval from sponge withdrawal to the beginning of estrus did not differ between treatments, but  $G_{Sal+Al}$  presented an estrus response rate lower than  $G_{eCG+NM}$  (P< 0.05), and  $G_{Sal+NM}$  and  $G_{eCG+Al}$  were similar in all groups (Table 1). Regarding ovulation time, synchronization indices and follicle size, no differences were found among groups (Table 2).

**Table 1.** Estrus response and manifestation (mean ± standard error) recorded in Saanen does subject to short-term estrus resynchronization and receiving or not 100 IU of eCG in different breeding systems (natural mating or artificial insemination).

Parameters	G <sub>eCG+NM</sub>	G <sub>Sal+NM</sub>	$G_{eCG^{+AI}}$	$G_{Sal+Al}$	Total
Estrus response (%)	100.0%ª (8/8)	70.0% <sup>ab</sup> (7/10)	70.0% <sup>ab</sup> (7/10)	50.0% <sup>b</sup> (5/10)	71.1% (27/38)
Estrus duration (h)	30.0±5.6	37.7±8.0	44.6±4.3	40.8±8.1	37.8±3.2
Sponge withdrawal to the beginning of estrus (h)	60.0±5.6	48.9±6.9	45.4±4.3	56.4±4.5	52.7±2.9

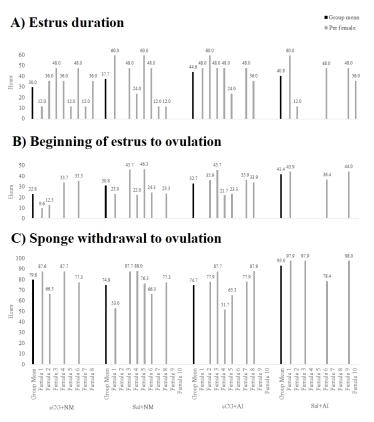
a, b Different letters within rows denote a significant difference Kruskal-Wallis test (P<0.05) or Fisher's test (P< 0.05). Sal – saline; NM–natural mating; Al–artificial insemination; eCG-equine chorionic gonadotropin; CL–*corpus luteum*.

**Table 2.** Ovulation parameters (mean ± standard error) recorded in Saanen does subject to short-term estrus resynchronization and receiving or not 100 IU of eCG in different breeding systems (natural mating or artificial insemination).

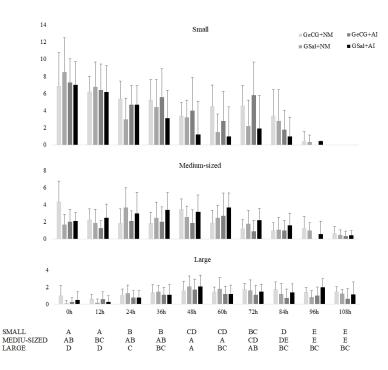
Parameters	$G_{eCG^{+}NM}$	$G_{Sal+NM}$	$G_{eCG^{+}AI}$	$G_{Sal+Al}$	Total
Sponge withdrawal to ovulation (h)	79.8±5.0	74.8±5.5	74.7±5.7	93.0±4.9	79.4±3.0
Ovulation window (h)	69.7-89.9	61.3-88.2	60.7-88.7	80.1-102.7	65.3-91.6
Beginning of estrus to ovulation (h)	22.8±6.8	30.8±4.8	32.7±3.6	41.4±2.5	31.4±2.6
Interval between first NM/AI and ovulation (h)	16.8±6.8	26.3±5.6	12.2±5.4	23.1±8.2	19.2±3.2
Largest follicle diameter (mm)	7.1±0.4	7.1±0.2	7.5±0.4	7.6±0.2	7.3±0.2
Ovulation detected rate (%)	50.0% (4/8)	60.0% (6/10)	60.0% (6/10)	40.0% (4/10)	52.6% (20/38)

No differences were found at Kruskal-Wallis test (P<0.05) or Fisher's test (P< 0.05). Sal – saline; NM–natural mating; Alartificial insemination; eCG-equine chorionic gonadotropin; CL–*corpus luteum*.

Looking for individual outcomes for estrus duration, interval from the beginning of estrus to ovulation, and interval from sponge withdrawal to ovulation, comparisons between each female and the group mean were made (Figure 2), showing variances of individual responses. No significant differences were found between groups (Tables 1 and 2), but saline groups presented numerically lower homogeneity in estrus duration than eCG induced groups (P< 0.05) (Table 1 and Figure 2). The follicular dynamics performed showed no differences between treatments. The only differences found were in time, as expected to a follicular wave. Considering all groups together large follicles are largely found at 48h and 72h, medium-sized from 24 to 60h after sponge withdrawal, and small follicles at sponge removal and 12h after it (Figure 3).



**Figure 2.** Reproductive outcomes per female compared within and between groups: (A) estrus duration; (B) beginning of estrus to ovulation; (C) sponge withdrawal to ovulation.



**Figure 3.** Small (detectable follicles  $\leq$ 3.0 mm), medium-sized (>3.0 and <6.0 mm) and large ( $\geq$ 6.0 mm) antral follicle numbers determined ultrasonographically in Saanen does subject to short-term estrus resynchronization and receiving or not 100 IU of eCG in different breeding systems (natural mating or artificial insemination). <sup>A,B,C,D,E</sup>Different letters denote means with significant differences over time (considering all treatments together; Fisher LSD test, P<0.05).

No differences were found between groups for presence and number of CL seven days after ovulation (Table 3). However,  $G_{eCG+AI}$  and  $G_{SaI+AI}$  presented lower pregnancy rate than  $G_{eCG+NM}$  (P< 0.05); and  $G_{SaI+NM}$  was similar to all groups (Table 3). Regarding the evaluation of ovulation, considering the number of CLs seven days after, there was no significant difference between groups:  $G_{eCG+NM}$  had 5 does with single ovulation, and 1 with double ovulation;  $G_{SaI+NM}$  had 2 does with single ovulation and 4 with double ovulation;  $G_{eCG+AI}$  had 4 does with single ovulation, 2 with double ovulation and 1 with triple ovulation; and  $G_{SaI+AI}$  had 3 does with single ovulation and 2 with double ovulation.

Table 3. Post protocol ovarian parameters and pregnancy diagnosis (mean ± standard error) recorded
in Saanen does subject to short-term estrus resynchronization and receiving or not 100 IU of eCG in
different breeding systems (natural mating or artificial insemination).

Parameters	<b>G</b> <sub>eCG+NM</sub>	G <sub>Sal+NM</sub>	<b>G</b> <sub>eCG+AI</sub>	G <sub>Sal+Al</sub>	Total			
Ovarian evaluation 7 days after ovulation								
Presence of CL (%)	75.0% (6/8)	70.0% (7/10)	70.0% (7/10)	50.0% (5/10)	65.8% (25/38)			
Number of CL detected	1.2±0.2	1.7±0.2	1.6±0.3	1.4±0.2	1.5±0.1			
Pregnancy diagnosis								
Pregnant does (%)	62.5% <sup>a</sup> (5/8)	30.0% <sup>ab</sup> (3/10)	10.0% <sup>b</sup> (1/10)	10.0% <sup>b</sup> (1/10)	26.3% (10/38)			
Pregnant/ovulation (%)	83.3%ª (5/6)	42.9% <sup>ab</sup> (3/7)	14.3% <sup>b</sup> (1/7)	20.0% <sup>ab</sup> (1/5)	40.0% (10/25)			
CL presence during pregnancy diagnosis in non-pregnant does*								
Non-pregnant without CL (%)	33.33% (1/3)	71.43% (5/7)	88.89% <sup>A</sup> (8/9)	88.89% <sup>A</sup> (8/9)	78.57% <sup>A</sup> (22/28)			
Non-pregnant with CL (%)	66.67% (2/3)	28.57% (2/7)	11.11% <sup>B</sup> (1/9)	11.11% <sup>B</sup> (1/9)	21.43% <sup>B</sup> (6/28)			

<sup>a, b</sup>Different letters within rows denote a significant difference Kruskal-Wallis test (P<0.05) or Fisher's test (P< 0.05). \*A,B Different letters within columns denote a significant difference in Fisher's test (P< 0.05). Sal – saline; NM–natural mating; Al–artificial insemination; eCG-equine chorionic gonadotropin; CL–*corpus luteum*.

After pregnancy diagnosis, the ovulation data were compared, showing that not all females ovulated after the protocol, and considering it,  $G_{eCG+AI}$  presented lower pregnancy rate than  $G_{eCG+NM}$  (P< 0.05); while  $G_{SaI+NM}$  and  $G_{SaI+AI}$  were similar to all groups for pregnancy/ovulation (Table 3). Also, during pregnancy diagnosis, it was defined weather non pregnant does were cycling or not, considering the presence of a new CL. No differences were found comparing the treatments for the presence of a CL from the following cycle. However, differences were found inside  $G_{eCG+AI}$  and  $G_{SaI+AI}$  groups when comparing females that presented a new CL or not. It is, in these groups there were more females without CL than with a new one (P< 0.05 – Table 3). This difference is also present when considering all groups together.

## Discussion

To the authors' knowledge, this is the first study performed aiming to investigate follicular growth patterns and reproductive parameters after resynchronization of ovulation in goats. Even though results may be limited by the number of animals used in each group, they fit as a primary study and guide for other trials. The study found few differences between groups regarding estrus manifestation, and although not significant, results suggest that the use of eCG and NM will provide better outcomes. Contrary to our hypothesis, the use of an eCG dose in the first synchronization may not be enough to provide appropriate results in the resynchronization.

The main differences were found in estrus manifestation, in which  $G_{eCG+NM}$  does reached better results than  $G_{Sal+Al}$ , indicating that the combined use of NM with the use of eCG at transition period may improve behavior results for resynchronization protocols in goats. However, not only the estrus response determines the results of a hormonal protocol, it must also be associated with good ovulation and pregnancy rates.

Although follicular dynamics and luteal presence did not show difference among groups in the present study, resynchronization protocol with eCG application associated to NM reached better outcomes than AI with or without eCG as observed by the pregnancy rates obtained. When analyzing pregnancy rate over ovulation, the difference was between NM and AI, both eCG treated groups (83.3% for NM x 14.3% for AI), it is, considering females that actually

ovulated in eCG treated groups, 83.3% of females that were submitted to NM got pregnant, while only 14.3% of the females that were artificially inseminated were got pregnant. Véliz-Deras et al. (2020) also showed that during the transition season, NM presented better pregnancy rates (42%) than AI (20%), even though (differently from the current study) the authors performed AI with fresh semen, and, yet lower pregnancy rates were obtained. Likewise, difference between AI and MN may be explained by the fact that AI was performed once. Even though AI was performed in accordance with the ovulation and estrus behavior, females were given only one chance to get pregnant with frozen semen, which has lower fertility potential than the fresh. While for NM groups, females were kept constantly with the bucks, and the number of mounts were not recorded, thus it may probably have happened more than once. Moreover, Al groups presented inside groups differences when considering the presence or not of a new CL at pregnancy diagnosis time (Table 3). This data suggests that females from AI groups did not keep cycling after the resynchronization protocol, returning to an anestrus condition, while NM females presented other ovulation after the protocol was performed. However, since the ultrasound evaluation was not sequentially performed, it is possible that the does presented an early CL regression and were in the follicular phase during pregnancy diagnosis. Also, since no differences were found between groups, it can be suggested, however not stated, that the constant presence of male may have an influence on future estrous cycles occurred naturally after the resynchronization protocol, which should be studied further.

Regarding the use or not of eCG, even though the present study did not find differences between groups, Andrade et al. (2021) demonstrated that even though the protocol without this hormone was able to induce estrus response, the absence of eCG was associated with a decreased ovulation rate (96.4% with eCG x 67.9% without eCG). The decrease may be due to the increased quality of oocyte ovulated from a better follicle blood flow in the eCG treated groups, since follicular fluid is mainly derived from blood plasma and its content influences oocyte quality (Kumar et al., 2015, 2014). Also, eCG effect in the final maturation of follicles, longer half-life (when compared to other gonadotropins) and stimulation for estradiol production (Bottino et al., 2021; Bukar et al., 2012; Hosseini et al., 2018; Riesenberg et al., 2001) may also be considered relevant factors for the better results found by Andrade et al. (2021) for eCG treated group.

When looking at the resynchronization protocol, results are comparable to a 59.3% pregnancy at the second service and 62.3% of cumulative pregnancy found by Miranda et al. (2018) in sheep (cumulative pregnancy of 67.3% for sync + MN without resync x 62.3% for sync + resync + MN), even though, in the present study only the second ovulation was used for mating/insemination. This must be taken into account since the first protocol usually presented better results than the second one, considering that more fertile females got pregnant before the others, and resynchronization tends to present lower rates of pregnancy, also due to conception failures on the first attempt (Cosentino et al., 2021).

Yet, previous studies in ewes show that resynchronization protocol enhances pregnancy rates from 58.3% at the first service to 73.3% in the accumulated pregnancy (Cosentino et al., 2021), and from 19.4% at the first service to 47.8% in the accumulated pregnancy (Cosentino et al., 2019), with the females being kept with the teaser male, and inseminated 36h after GnRH administration. The present study observed only resynchronization parameters, since during synchronizations females were not mated. Therefore, a full resynchronization protocol with mating/inseminating in both attempts should be studied.

Current does presented a large ovulation window from 65 to 91h after sponge withdrawal (Figure 3). In ewes, when using 200UI of eCG at the sponge removal and GnRH 36h after sponge removal, females ovulated earlier on 56.2±3.8h after second sponge withdrawal (Cosentino et al., 2019). In goats, GnRH administration at 28 and 34h after the first sponge removal induced ovulation around 48 to 58h after sponge withdrawal (Cosentino et al., 2020a). For that matter, even if not tested in the present study, GnRH could also be administered in does 50h after removing the intravaginal device, to induce and reduce the ovulation window around 70h after MAP removal and enhance the protocol response allowing an FTAI with greater outcomes. Accordingly, regardless of the treatment, 48h and 72h are the moments

where the large follicles are most expressive (as settled by the follicular dynamics – Figure 3), suggesting that GnRH administration would be able to induce a more synchronous ovulation during this period.

Thus, current results lead the way for new studies. In the light of the present study, future essays may go further in the use of GnRH and mating management at both synchronization and resynchronization protocols. About the influence of the male, although results are better linked to the higher number of mating, compared to the AI, whether the bare presence of a teaser would be enough to increase pregnancy results could be tested.

## Conclusion

In conclusion, resynchronization protocols in does at the transition season may present satisfactory results. This study found promising, although not significant, results in favor of the use of eCG in association with NM. Therefore, further studies are needed to settle a resynchronization protocol for does, aiming to improve pregnancy outcomes.

## Acknowledgements

This study was supported by Fundação Carlos Chagas Filho de Amparo à Pesquisa do Estado do Rio de Janeiro (FAPERJ). MFAB and FZB are fellow of FAPERJ. FZB is fellow of Conselho Nacional de Desenvolvimento Científico e Tecnológico (CNPq). This study was partially financed by Coordenação de Aperfeiçoamento de Pessoal de Nível Superior - Brasil (CAPES) - Finance Code 001. IOC had a scholarship provided by CAPES. We also thank dairy goat farm Capril Vale das Amalthéias for the animals and management support for this research.

## References

- Alvarado-Espino AS, Meza-Herrera CA, Carrillo E, González-Álvarez VH, Guillen-Muñoz JM, Ángel-García O, Mellado M, Véliz-Deras FG. Reproductive outcomes of Alpine goats primed with progesterone and treated with human chorionic gonadotropin during the anestrus-to-estrus transition season. Anim Reprod Sci. 2016;167:133-8. http://dx.doi.org/10.1016/j.anireprosci.2016.02.019. PMid:26944772.
- Andrade ABP, Morais MCC, Rangel PSC, Oliveira MEF, Souza-Fabjan JMG, Fonseca JF. Effect of eCG in a short-term synchronization treatment on ovarian status, estrus synchrony, and ovulation in dairy goats managed under tropical conditions. Trop Anim Health Prod. 2021;53(2):246. http://dx.doi.org/10.1007/s11250-021-02699-y. PMid:33821404.
- Balaro MFA, de Mello SGV, da Silva Santos A, Cavalcanti LM, Almosny NRP, Fonseca JF, Brandão FZ. Reproductive seasonality in Saanen goats kept under tropical conditions. Trop Anim Health Prod. 2019;51(2):345-53. http://dx.doi.org/10.1007/s11250-018-1696-2. PMid:30267190.
- Bartolome JA, Sozzi A, McHale J, Swift K, Kelbert D, Archbald LF, Thatcher WW. Resynchronization of ovulation and timed insemination in lactating dairy cows: III. Administration of GnRH 23 days post AI and ultrasonography for nonpregnancy diagnosis on day 30. Theriogenology. 2005;63(6):1643-58. http://dx.doi.org/10.1016/j.theriogenology.2004.07.018. PMid:15763108.
- Bó GA, de la Mata JJ, Baruselli PS, Menchaca A. Alternative programs for synchronizing and resynchronizing ovulation in beef cattle. Theriogenology. 2016;86(1):388-96. http://dx.doi.org/10.1016/j.theriogenology.2016.04.053. PMid:27180326.
- Bottino MP, Simões LMS, Silva LACL, Girotto RW, Scandiuzzi LA Jr, Massoneto JPM, Baruselli PS, Souza JC, Sales JNS. Effects of eCG and FSH in timed artificial insemination treatment regimens on estrous expression and pregnancy rates in primiparous and multiparous Bos indicus cows. Anim Reprod Sci. 2021;228:106751. http://dx.doi.org/10.1016/j.anireprosci.2021.106751. PMid:33866258.
- Bukar MM, Yusoff R, Haron AW, Dhaliwal GK, Khan MA, Omar MA. Estrus response and follicular development in Boer does synchronized with flugestone acetate and PGF2α or their combination with eCG or FSH. Trop Anim Health Prod. 2012;44(7):1505-11. http://dx.doi.org/10.1007/s11250-012-0095-3. PMid:22461200.

- Castro T, Rubianes E, Menchaca A, Rivero A. Ovarian dynamics, serum estradiol and progesterone concentrations during the interovulatory interval in goats. Theriogenology. 1999;52(3):399-411. http://dx.doi.org/10.1016/S0093-691X(99)00138-7. PMid:10734375.
- Chemineau P, Baril G, Leboeuf B, Maurel MC, Roy F, Pellicer-Rubio M, Malpaux B, Cognie Y. Implications of recent advances in reproductive physiology for reproductive management of goats. J Reprod Fertil Suppl. 1999;54:129-42. PMid:10692850.
- Cosentino IO, Balaro MFA, Arashiro EKN, Santos JDR, Carvalho ABS, Clariget RP, Ungerfeld R, Brandão FZ. Hormonal protocols for early resynchronization of ovulation in ewes: the use of progestagens, eCG, and inclusion of early pregnancy diagnosis with color Doppler ultrasound. Theriogenology. 2019;133:113-8. http://dx.doi.org/10.1016/j.theriogenology.2019.04.033. PMid:31082747.
- Cosentino IO, Balaro MFA, Leal FSC, Bade ALC, Barbosa LFC, Gonçalves FM, Cortat de Souza PR, Pereira PVS, Bartlewski PM, Brandão FZ. Ovarian activity in dairy Saanen goats subjected to a short-term ovulation induction protocol and a single injection of lecirelin (GnRH analog) given 28 h or 34 h after progestin pre-treatment. Small Rumin Res. 2020a;191:106214. http://dx.doi.org/10.1016/j.smallrumres.2020.106214.
- Cosentino IO, Balaro MFA, Leal FSC, Barbosa LFC, Gonçalves FM, Felizardo GF, Monteiro M No, Brandão FZ. Early resynchronization protocols for goats: progestogens can be used prior to an early pregnancy diagnosis without affecting corpus luteum functionality. Reprod Domest Anim. 2020b;55(11):1655-59. http://dx.doi.org/10.1111/rda.13830.
- Cosentino IO, Brandão FZ, Pinto PHN, Clariget RP, Ungerfeld R. Fixed timed artificial insemination and early resynchronization of ovulation in different categories of ewes in grazing system: response of multiparous, nulliparous, and lactating ewes during the breeding season. Livest Sci. 2021;247:104461. http://dx.doi.org/10.1016/j.livsci.2021.104461.
- Fonseca JF, Alvim GP, Souza-Fabjan JMG, Oliveira MEF, Brair VL, Brandão FZ, Facó O. Reproductive features and use of an anti-inflammatory drug in estrus-induced dairy goats artificially inseminated in a standing position with cervix immobilization. Reprod Biol. 2017;17(3):268-73. http://dx.doi.org/10.1016/j.repbio.2017.07.002. PMid:28736292.
- Ginther OJ, Kot K. Follicular dynamics during the ovulatory season in goats. Theriogenology. 1994;42(6):987-1001. http://dx.doi.org/10.1016/0093-691X(94)90121-X. PMid:16727603.
- Gonzalez de Bulnes A, Santiago Moreno J, Gomez-Brunet A, Inskeep EK, Townsend EC, Lopez-Sebastian A. Follicular dynamics during the oestrous cycle in dairy goats. Anim Sci. 1999;68(3):547-54. http://dx.doi.org/10.1017/S1357729800050578.
- Honnens A, Niemann H, Herzog K, Paul V, Meyer HHD, Bollwein H. Relationships between ovarian blood flow and ovarian response to eCG-treatment of dairy cows. Anim Reprod Sci. 2009;113(1-4):1-10. http://dx.doi.org/10.1016/j.anireprosci.2008.05.077. PMid:18619746.
- Hosseini A, Niasari-Naslaji A, Vojgani M, Gharagozloo F. Effect of time of eCG administration on the fate of ovarian follicle in Holstein heifers. Iran J Vet Res. 2018;19(1):15-21. PMid:29805457.
- Kilkenny C, Browne WJ, Cuthill IC, Emerson M, Altman DG. Improving bioscience research reporting: the ARRIVE guidelines for reporting animal research. PLoS Biol. 2010;8(6):e1000412. http://dx.doi.org/10.1371/journal.pbio.1000412. PMid:20613859.
- Köeppen W. *Climatologia: con un estudio de los climas de la tierra*. Ciudad de México: Fondo de Cultura Economica; 1948.
- Kumar TS, Farman M, Nandi S, Girish Kumar V, Gupta PSP. Biochemical constituents of ovarian follicular fluid in ruminants and their significance in follicle and oocyte development. J Vet Sci Med Diagn. 2015;4:3. http://dx.doi.org/4172/2325-9590.1000159.
- Kumar VG, Tripathi SK, Farman M, Nandi S. Ovarian intrafollicular fluid factors and their roles in follicle and ovum development in ruminants. J Infertil Reprod Biol. 2014;2:124-35.
- Maia ALRS, Brandão FZ, Souza-Fabjan JMG, Balaro MFA, Oliveira MEF, Facó O, Fonseca JF. Reproductive parameters of dairy goats after receiving two doses of d-cloprostenol at different intervals. Anim Reprod Sci. 2017;181:16-23. http://dx.doi.org/10.1016/j.anireprosci.2017.02.013. PMid:28385398.
- Mattioli M, Barboni B, Turriani M, Galeati G, Zannoni A, Castellani G, Berardinelli P, Scapolo PA. Follicle activation involves vascular endothelial growth factor production and increased blood vessel extension. Biol Reprod. 2001;65(4):1014-9. http://dx.doi.org/10.1095/biolreprod65.4.1014. PMid:11566721.

- Miranda VO, Oliveira FC, Dias JH, Vargas Júnior SF, Goularte KL, Sá Filho MF, Sá Filho OG, Baldassarre H, Vieira AD, Lucia T Jr, Gasperin BG. Estrus resynchronization in ewes with unknown pregnancy status. Theriogenology. 2018;106:103-7. http://dx.doi.org/10.1016/j.theriogenology.2017.10.019. PMid:29049921.
- Muñoz AL, Aroña RM, Bedos M, Hernández H, Keller M, Chemineau P, Delgadillo JA. Presence of a sexually active goat buck enhances ovulation occurrence in seasonally anestrous does after ovulation and luteolysis induction in hormonally-treated goats in seasonal anestrus. Anim Reprod Sci. 2019;211:106209. http://dx.doi.org/10.1016/j.anireprosci.2019.106209. PMid:31785631.
- Palhão MP, Ribeiro AC, Martins AB, Guimarães CRB, Alvarez RD, Seber MF, Fernandes CAC, Neves JP, Viana JHM. Early resynchronization of non-pregnant beef cows based in corpus luteum blood flow evaluation 21 days after Timed-AI. Theriogenology. 2020;146:26-30. http://dx.doi.org/10.1016/j.theriogenology.2020.01.064. PMid:32036057.
- Pugliesi G, Bisinotto DZ, Mello BP, Lahr FC, Ferreira CA, Melo GD, Bastos MR, Madureira EH. A novel strategy for resynchronization of ovulation in Nelore cows using injectable progesterone (P4) and P4 releasing devices to perform two timed inseminations within 22 days. Reprod Domest Anim. 2019;54(8):1149-54. http://dx.doi.org/10.1111/rda.13475. PMid:31134689.
- Riesenberg S, Meinecke-Tillmann S, Meinecke B. Ultrasonic survey of follicular development following superovulation with a single application of pFSH, eCG or hMG in goats. Small Rumin Res. 2001;40(1):83-93. http://dx.doi.org/10.1016/S0921-4488(00)00211-X. PMid:11259879.
- Roy F, Combes B, Vaiman D, Cribiu EP, Pobel T, Delétang F, Combarnous Y, Guillou F, Maurel MC. Humoral immune response to equine chorionic gonadotropin in ewes: association with major histocompatibility complex and interference with subsequent fertility. Biol Reprod. 1999;61(1):209-18. http://dx.doi.org/10.1095/biolreprod61.1.209. PMid:10377051.
- Sani RN, Farzaneh N, Moezifar M, Seifi HA, Tabatabei AA. Evaluation of five resynchronization methods using different combinations of PGF2α, GnRH, estradiol and an intravaginal progesterone device for insemination in Holstein cows. Anim Reprod Sci. 2011;124(1-2):1-6. http://dx.doi.org/10.1016/j.anireprosci.2011.02.013. PMid:21396790.
- Suiter J. *Body condition scoring of sheep and goats*. Addis Ababa, Ethiopia: ESGPIP; 1994. Technical Bulletin; 69.
- Universidade Federal de Viçosa UFV. SAEG: Sistema para Análises Estatísticas. Viçosa: Fundação Arthur Bernardes; 2007.
- Véliz-Deras FG, Meza-Herrera CA, Mellado M, Contreras-Villarreal V, Gaytán-Alemán LR, Guillén-Muñoz JM. The Effect of P4 + eCG Estrus Induction Protocol during the Deep and the Transition Anestrous Period on the Reproductive Performance of Crossbred Dairy Goats. Biology (Basel). 2020;9(10):311. http://dx.doi.org/10.3390/biology9100311. PMid:32987953.

#### Author contributions

IOC: Conceptualization, Data curation, Formal Analysis, Investigation, Methodology, Visualization, Writing – original draft, Writing – review & editing; MFAB: Conceptualization, Data curation, Formal Analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Supervision, Validation Visualization, Writing – original draft, Writing – review & editing; PMS: Data curation, Formal Analysis, Investigation, Writing – review & editing; ART: Data curation, Formal Analysis, Investigation, Writing – review & editing; JDRS: Data curation, Formal Analysis, Investigation, Writing – review & editing; ACSR: Data curation, Formal Analysis, Investigation, Writing – review & editing; BRRF: Data curation, Formal Analysis, Investigation, Writing – review & editing; MMCPC: Data curation, Formal Analysis, Investigation, Writing – review & editing; BRY: Data curation, Formal Analysis, Investigation, Writing – review & editing; FZB: Conceptualization, Formal Analysis, Investigation, Writing – review & editing; BRY: Data curation, Formal Analysis, Investigation, Writing – review & editing; FZB: Conceptualization, Data curation, Formal Analysis, Funding acquisition, Investigation, Methodology, Project administration, Resources, Supervision, Validation Visualization, Writing – original draft, Writing – review & editing.